

According to NASA, https://www.grc.nasa.gov/www/k-12/Numbers/Math/Mathematical_Thinking/how_fast_is_the_speed.htm, ...

How "Fast" is the Speed of Light?

Light travels at a constant, finite speed of 186,000 mi/sec. A traveler, moving at the speed of light, would circum-navigate the equator approximately 7.5 times in one second. By comparison, a traveler in a jet aircraft, moving at a ground speed of 500 mph, would cross the continental U.S. once in 4 hours.

Determine if this is true.